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## TKD WELLNESS BLACK BELT PROMOTION TEST FORM

Student: (as you want it to appear on your black belt & for Kukkiwon Cert) Test Date: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Belt Size: \_\_\_\_\_ Uniform Size: \_\_\_\_\_

Current Belt: \_\_\_\_\_ Desired Rank: \_\_\_\_\_ Poom/Dan # \_\_\_\_\_

### Taekwondo Promotion Test Scorecard

Discipline	Excel	Pass	Retest	Taegeuk Il Jang	Excel	Pass	Retest
Appearance	Excel	Pass	Retest	Taegeuk Ee Jang	Excel	Pass	Retest
Academics	Excel	Pass	Retest	Taegeuk Sam Jang	Excel	Pass	Retest
TKD Knowledge	Excel	Pass	Retest	Taegeuk Sah Jang	Excel	Pass	Retest
Courtesy	Excel	Pass	Retest	Taegeuk Oh Jang	Excel	Pass	Retest
Integrity	Excel	Pass	Retest	Taegeuk Yuk Jang	Excel	Pass	Retest
Self Control	Excel	Pass	Retest	Taegeuk Chil Jang	Excel	Pass	Retest
Perseverance	Excel	Pass	Retest	Taegeuk Pal Jang	Excel	Pass	Retest
Courage	Excel	Pass	Retest				
Accuracy in Basics	Excel	Pass	Retest	Koryo	Excel	Pass	Retest
Balance	Excel	Pass	Retest	Keumgang	Excel	Pass	Retest
One-Step Sparring	Excel	Pass	Retest	Taebaek	Excel	Pass	Retest
Breaking	Excel	Pass	Retest	Pyongon	Excel	Pass	Retest
Sparring	Excel	Pass	Retest	Sipgin	Excel	Pass	Retest
Foot Technique	Excel	Pass	Retest	Jitae	Excel	Pass	Retest
Hand Technique	Excel	Pass	Retest	Chonkwon	Excel	Pass	Retest
Power & Speed	Excel	Pass	Retest	Hansu	Excel	Pass	Retest
Coordination	Excel	Pass	Retest	Ilyeo	Excel	Pass	Retest
Ki Hap	Excel	Pass	Retest				

Comments:

Name one strength:

Goal/s:

Objective:

Timeframe

Student Signature

Parent Signature

Yoendry Torres, Psy.D. 4th Dan

**Please Note:** Parent/Applicant is responsible for arriving early to promotion test. Students enrolled in 1st-12th school grades must attach a copy of their most recent report card to promotion test form.