

2020 SCHEDULE





- · Bring clean uniform, belt & water to every class.
- · Arrive 5-10 minutes to class to sign in on tablet and be ready to start class.
- · Standard membership includes unlimited classes per week, Monday-Saturday.
- Team classes: Competition Team; Poomsae Team are available at an extra rate per month.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:30pm-5:30pm Kids TKD		4:30pm-5:30pm Kids TKD		9:00am-10:00am Kids TKD
5:30pm-6:30pm All Ages TKD	5:30pm-6:00pm Team Conditioning	5:30pm-6:30pm All Ages TKD	5:30pm-6:00pm Team Conditioning	No Class	10:00am-11:00am Team Sparring
	6:00pm-7:00pm Teens/Adults TKD		6:00pm-7:00pm Teens/Adults TKD		11:00am-12:00am Teens/Adults TKD

ALL AGES TKD: 7+ KIDS TKD: 7-12 YRS OLD TEENS/ADULTS: 13+ YRS OLD

Annual Camps & Seminars

Poomsae Seminar Saturday, Feb 1, 2020 Spring Break Camp Mon-Fri, Dates/Times TBD Poomsae Seminar Saturday, Aug 1, 2020 Parents Night Out Friday/Saturday, Dates TBD

2019 Holiday Closures

Memorial Day Monday, May 25, 2020 4th of July Saturday, Jul 4, 2020 Labor Day Monday, Sept 7, 2020 Thanksgiving Day Thursday, Nov 26, 2020

2020 Tournament Dates

AZ State Championships, Chandler, AZ, Saturday, Feb 15, 2020 World of Taekwondo (WOT), Chandler, AZ, Saturday, Apr 25, 2020 Rio Rico Open, Rio Rico, AZ, Saturday, May 2, 2020 USAT Nationals, ???, ??, Jun 29-Jul 4, 2020 Grand Phoenix Open, Phoenix, AZ, Saturday, Aug 22, 2020

2020 Promotion Test Dates

Saturday, Mar 28, 2020 @ 9am-12pm Saturday, Jun 27, 2020 @ 9am-12pm Saturday, Sept 26, 2020 @ 9am-12pm Saturday, Dec 19, 2020 @ 9am-4pm

